Code: Prime Rump Rump B018 2. Boneless untrimmed rump with the tail muscle (TFL) removed. I. Position of the rump. 3. Remove the cap muscle/picanha by cutting 4. Separate the prime rump and the bistro along the seam between it and the rest of rump muscles by cutting along the seam the rump. between them. 5. Prime Rump Muscle. External fat level trimmed back to a maximum of 10mm. 6. Prime Rump Muscle.



